



FOOD FOR HEALTH | A HOLISTIC APPROACH

Holistic Nutrition Consulting Informed Consent and Disclaimer

For the services of Paul Bethel, RHN

Before you choose to use the services of a holistic nutritionist, please read the following information FULLY AND CAREFULLY.

GOAL: Our basic goal is to encourage people to become knowledgeable about the responsible for their own health, and to bring it to a personal optimum level. Nutritional consulting is designed to improve your health, but is not designed to treat any specific disease or medical condition. Reaching the goal of optimum health, absent other non-nutritional complicating factors, requires a sincere commitment from you, possible lifestyle changes, and a positive attitude. A holistic nutritionist is trained to evaluate your nutritional needs and make recommendations for dietary change and nutritional supplements. A Holistic nutritionist is not trained to provide medical diagnoses, and no comment or recommendation should be construed as being a medical diagnosis. Since every human being is unique, we cannot guarantee any specific results from our programs.

HEALTH CONCERNS: If you suffer from a medical or pathological condition, you need to consult with an appropriate healthcare provider. A holistic nutritionist is not a substitute for your family physician or other appropriate healthcare provider. A holistic nutritionist is not trained nor licensed to diagnose or treat pathological conditions, illnesses, injuries, or diseases.

If you are under the care of another healthcare provider, it is important that you contact your other healthcare providers and alert them to your use of nutritional supplements. Holistic nutritional consulting may be a beneficial adjunct to more traditional care, and it may also alter your need for medication, so it is important you always keep your physician informed of changes in your nutritional program. If you are using medications of any kind, you are required to alert the holistic nutritionist to such use, as well as to discuss any potential interactions between medications and nutritional products with your pharmacist.

COMMUNICATIONS: Every client is an individual, and it is not possible to determine in advance how your system will react to the supplements you need. It is sometimes necessary to adjust your program as we proceed until your body can begin to properly accept products geared to correct the imbalance. It is your responsibility to do your part by using your nutrition guidelines, exercise your body and mind sufficiently to bring your emotions into a positive balance, eat a proper diet, get plenty of rest, and learn about nutrition. You must stay in contact with the holistic nutritionists so we can let you know what is happening and the best course of action.

LICENSURE: A holistic nutritionist is not licensed or certified by any province. However, a holistic nutritionist is board certified in Practical Holistic Nutrition by the Canadian Association of Holistic Nutrition Professionals, which provides a certificate of board certification to graduates of a recognized holistic nutrition school.



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Exam. A license to practice holistic nutrition is not required in Canada. However, a holistic nutritionist should be board certified by the Canadian Association of Holistic Nutrition Professionals and will have completed a board certification exam.

By my/our signature(s) below I/we confirm that I/we have read and fully understand the above disclaimer, are

in complete agreement thereto and do freely understand the consent to all terms contained herein.

Name (Please Print) _____

Signature _____ Date _____